



**P.O. Box 4695
Baton Rouge, Louisiana 70821**

December 17, 2009

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TO: ALL MEMBERS OF USATF SOUTHERN
ASSOCIATION

A handwritten signature in blue ink, appearing to read "Roderic Newton".

From: Roderic Newton, Southern Association President

RE: **USATF Junior Olympic XC Championships**
December 12, 2009 - Reno, Nevada

I would like to take the opportunity to thank those clubs and athletes that competed in the abovementioned championship meet this past Saturday.

In looking at the posted results it was noted that our athletes from the Southern Association showed up and showed out. A National Champion was awarded from our Association in this championship meet. E.M. Smith of the Rapides Junior Runners Track Club was our National Champion. Omar Shbeeb, finishing in 20th, received All-American honors.

I would like to especially commend the coaches of the Rapides Junior Runners Track Club of Pineville, Louisiana for a job well done.

I have always attempted to give credit where credit is due. In continuing to do so, I would like to acknowledge the following athletes:

"Striving For Excellence"

(Continued)

Bantam Boys

1st	EM Smith	Rapides Jr Runners	11:22
20th	Omar Shbeeb	Rapides Jr Runners	11:47
128th	Michael Lee	Rapides Jr Runners	13:11
168th	Andre Arsenault	Rapides Jr Runners	13:55
176th	Cooper Miller	Rapides Jr Runners	14:16

Bantam Girls

159th	Brittney Sims	Rapides Jr Runners	15:33
191th	Kati Gillen	Rapides Jr Runners	17:54

Midget Girls

141th	Tia Sims	Rapides Jr Runners	13:22
176th	Taylor Mcfarland	Rapides Jr Runners	14:00

Midget Boys

69th	Scott Maggio	Rapides Jr Runners	11:46
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Rapides Jr Runners finished the overall competition in 11th place.

Total Time: 1:04:31.00

Average: 12:54.20

Again, hats off to the coaches, athletes and parents of the Rapides Junior Runners Track Club for an awesome job.

“Striving For Excellence”